

**Sandown Primary School**  
**PSHEe Curriculum Overview 2019-20**

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn Term 1 <b>Being Me in My World</b>	<b>Understanding Rights and Responsibilities/Understanding Rewards and Consequences</b>						
	Understanding Feelings	Feeling Special and Safe	Hopes and Fears	Getting to Know Each Other	Being a School Citizen	Being Me in Britain	Being a Global Citizen
Autumn Term 2 <b>Celebrating Difference</b>	<b>Similarities and Differences/Understanding and Addressing Bullying</b>						
	Making Friends	Celebrating Me	Being Friends with Differences	Families/Words Matter	Developing Self-Esteem	Understanding Culture	What is Normal?
Spring Term 3 <b>Relationships</b>	<b>Friends and Family/Celebrating Special Relationships</b>						
	Being a Friend	People Who Help Us	Friends and Conflict	My Web of Relationships	Relationships with People and Animals	Boyfriends and Girlfriends/Relationships and Technology	Love and Loss/Staying Safe with Technology
Spring Term 4 <b>Changing Me</b>	<b>Life Cycles/How the Body Changes</b>						
	Respecting My Body	Learning and Growing	Growing From Young to Old	How Babies Grow/Family and Stereotypes	Puberty/Accepting Change	Puberty/Self and Body Image	Puberty/Babies - Conception to Birth
Summer Term 5 <b>Healthy Me</b>	Healthy Eating/Keeping Clean	Making Healthy Choices/Road Safety	Healthy Eating/Medicine Safety	Being Fit and Healthy/Drug Awareness	Smoking and Alcohol/Understanding Peer Pressure	Smoking and Alcohol/Body Image	Drug Awareness/Emotional and Mental Health
Summer Term 6 <b>Dreams and Goals</b>	Setting Goals	Overcoming Obstacles	My Learning Strengths	My Dreams and Ambitions	Overcoming Disappointment/Achieving Goals	Career Aspirations	Making a Difference

