



The Primary PE and sport premium

Planning, reporting and
evaluating website tool

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Commissioned by



Department
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Created by



Sandown Primary School & Nursery

Primary PE & Sport Premium Report 2023 - 2024



Review of last year's PE premium & key achievements (from 2022-23)

- Real PE taught across the whole school in which staff received training for.
- New staff and ECT's given extra training from September to help them prepare for lessons and to increase confidence.
- PE Co-ordinator attended YST meeting to gain clarity of the School Games.
- EIP meeting conducted for head teachers to form a 10 school alliance and sports cluster.
- A new calendar devised to have 16 competitions hosted by Sandown.
- PE Co-ordinator attended training about what PE should look like within an EYFS setting.
- This enabled us to develop a core knowledge document to ensure we meet the expectations of Physical Activity within our Reception and Nursery.
- Fitness Groove active assemblies 3 days a week outside to increase physical activity with medals included.
- PE Star of the week implemented to allow one child from each class to be celebrated for the achievements in lesson during assembly.
- 37 Sporting Events attended across the academic year, our highest ever!
- 24 Schools attended our football tournaments with a total of 236 fixtures of football and 60 children from Sandown able to participate.
- Sandown represented the Sussex Finals in Tri Golf for 2 consecutive years after introducing it into the curriculum last year.
- A football league set up between local cluster to allow more opportunities for all after school club members to play matches. Over 30 represented.
- 73% of KS2 were recorded to have represented the school in competition or sport. (An increase from last year).
- Nursery staff trained and started delivery of Real Play sessions to now be able to engage families through physical play at home.
- PE Monitoring and teacher support to improve the quality of teaching of PE across the school implemented to improve the quality of teaching.
- Staff survey showed 100% staff enjoy teaching PE and 92% feel confident teaching PE (an increase from last year).
- Pupil surveys showed 96% enjoy PE lessons and 91% feel successful during lessons. An increase from previous year.
- Play leaders employed for every class to encourage more physical activity and games.
- Outdoor Learning provided across the year to targeted classes with an introduction to a gardening club in the summer terms.
- Cross Country Club provided Monday, Wednesday and Friday for KS2. Over 150 children attended and competed in the Cross Country Cluster event.
- 65% of the school cycled, scooted or walked to school during The Big Walk & Wheel. We finished 301st Nationally out of 1026 schools.
- Links were developed with Active Hastings to promote Girls Tag Rugby in Yr5/6.
- Time allocated to look at effective ways we can support children with SEN in PE.
- Sandown were awarded the Platinum Award for the Schools Games Mark in 2021-22, which carried on into 2022-23.
- The School Games Mark is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. Platinum can only be achieved once gained gold status for 5 consecutive years.

Swimming Data 2023-24

Meeting national curriculum requirements for swimming and water safety

Question	Stats	Further Context Relative to Local Challenges
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	44%	We can only provide one term of swimming (5 weeks for a 1 hour lesson) to year 4 pupils. If a child is absent for more than one lesson this can have a significant impact on stats. Pupils could have potentially got better from yr4-6 but we are unable to accurately re-assess pupils due to costs. Transport to Summerfields (Swimming Pool) is the biggest cost. To hire the pool, provide transport to and from the swimming and provide expert swimming instructors costs thousands and is our biggest barrier to meeting requirements. Hastings is considered to be in the top 20 deprived towns in Hastings. A very small % of children at the school attend swimming lessons outside of school.
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	49%	
What percentage of your current Year 6 cohort are able to perform safe self-rescue in different water-based situations?	70%	Priority is given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the above two requirements of the National Curriculum programme of study. We pay for 4 swimming coaches in the water so that this part can be taught effectively with accurate assessment.
If your schools swimming data is below national expectation, you can choose to use the Primary PE and sport premium to provide additional top-up sessions for those pupils that did not meet National Curriculum requirements after the completion of core lessons. Have you done this?	No	The cost of swimming is very expensive.
Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety?	No	We use external swimming coaches from a local swim school called LAC.

Key Priorities & Planning

This part of the report will illustrate how we plan to accurately spend our funding to improve PESSPA at Sandown. Sandown has received £19850 for this current academic year 2023-24.

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer.

There are 5 key indicators that schools should expect to see improvement across:

Key Indicator 1: Increased confidence, knowledge, and skills of all staff in teaching PE and sport.

Key indicator 2: The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity (PA) a day in school.

Key indicator 3: The profile of Physical Education, School Sport & Physical Activity (PESSPA) being raised across the school as a tool for whole school improvement.

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils.

Key indicator 5: Increased participation in competitive sport.

Action – what are we planning to do?	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
Real PE membership. This includes PE, Gymnastics and Dance lessons for Nursery to Year 6.	Teachers – Given access to all teaching resources for teaching PE. Pupils benefit from high quality PE lessons.	1,2,3,4	We have been on the Real PE legacy since September 2018. Proven, sustainable impact with real PE. Develops staff confidence and expertise. Increases pupil engagement. Increases pupil progress. Fully aligned to National Curriculum. On demand CPD, for all teachers and ECTs.	£2,000
Full-time employed PE Teacher	All teachers All pupils Whole school Community (cluster schools)	1,2,3,4,5	Mr Davies has shown positive proven impact since joining the school as PE subject leader and teacher. Head teacher fully supports this role and the impact it has across the school.	£5,000
PE Monitoring, training and support given to teachers by PE Subject leader	All teachers teaching PE	1,3	Learning walks conducted to assess the standard of PE across the school. Staff meetings allocated for PE to help upskill all staff in teaching PE.	""
Time allocated for PE subject leader to attend sporting events.	Pupils being able to attend sporting events and competitions.	4,5	Sandown was able to attend over 30 sporting events in 2022-23 and 73% of KS2 pupils were able to represent the school (70% DP). We want this to continue and improve.	""
Time allocated for subject leader to plan sporting events for our Hastings Cluster.	10 local primary schools and all pupils that can attend these events.	4,5,	A whole calendar of sporting events designed for our 10 cluster schools to attend. Approximately 16 events planned across the academic year.	""

Action – what are we planning to do?	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
Membership to Hastings & Rother School Games Partnership.	<p>Pupils given opportunities to represent the school in sport.</p> <p>PE subject leader receives support from local Sports Games Officer (SGO)</p>	4,5	<p>Allows so many opportunities for pupils to be able to represent the school.</p> <p>A strong working relationship developed with local school subject leaders and SGO.</p>	£1,500
Transport to be able to attend sporting events.	Staff and pupils to be able to get to events.	3,4,5	For some events we must rely on transport due to parents being unable to spectate. We do try to use parents for transport as much as we can to keep costs down.	£2,000
Sports Equipment for lunch times including storage boxes to keep it safe.	Staff, pupils and lunch time supervisors as they will use and store the equipment.	2,3,4	More pupils meeting their daily physical activity goal, more pupils encouraged to take part in PE and Sport Activities. Better storage to keep equipment safe and last longer.	£2,000
Medals, badges, certificates and stickers.	For pupils as recognition of sporting achievements.	3	It is wonderful to celebrate the pupil's sporting achievements within school during ceremonies at sporting events and Funky Friday assemblies. Parents are invited to celebrate and promote PESSPA as a community.	£1,500

Action – what are we planning to do?	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
Playground markings	For pupils at break time and lunch time.	2,3,4	Re-surface area on small (middle KS1) playground with new playground markings for children to play (target area, hop scotch etc)	£1000
Mower with rollers and wide enough to reduce time.	Pupils and schools that are attending our sports events across the academic year.	3,5	Our local landscaping team have been unreliable in their timings to cut grass ready for events. This will allow the field to be ready at the right time and can be shorter than the large tractor can cut the grass.	£1000
Games Shed / Table Football and Table Tennis Equipment – A sheltered roof and sides for children to play table tennis and table football at break and lunch times.	KS2 Pupils playing at break and lunch times.	2,3,4	To engage more children playing at lunch times. A rota to be produced for each year group to take turns each day. The sides will help to create a wind barrier to help prevent the table tennis ball blowing off the table.	£3,000
Lunchtime Play Leaders / Midday supervisor staff. (MDSA's)	All pupils and MDSA's	2,3,4	More MDSA's at lunch has helped to improve the levels of physical activity available to children. Play leaders organise games for children to participate in for 30 minutes a day. Having an MDSA per class enables more games, improves behaviour at lunch and increases physical activity levels of children.	£1,000

Key Achievements 2023-24

This part of the report is completed at the end of the academic year (July 2024) to showcase the key achievements the school has made with their Primary PE and Sport Premium spending.



Activity/Action	Impact & Comments
CPD Training in PE for new teachers and ECT'S.	<p>Training in September to allow them to feel comfortable and more upskilled straight away. ECT's have been able to observe PE teacher during their ECT time termly to help gain ideas and develop own teaching. PE leader observed lessons through drop ins and provide feedback to support teaching. Real PE has added a CPD programme for new staff and ECT's to attend online to further support.</p> <p>To continue this for new staff that join Sandown. All other staff have had extensive CPD through joining the Real PE Legacy programme.</p>
Investment in to Real PE.	<p>Allows teachers access to a progressive and cohesive curriculum across PE, Gymnastics and Dance from Nursery to Yr6. The lessons are designed and structured by leading experts, which allows our teachers more time to concentrate on their delivery of PE rather than planning and creating content. Thus helping to improve the quality of teaching. Assessment shows an increase in children's progress in PE across all classes.</p>
Real Play	<p>Nursery staff lead Real Play sessions. A scheme designed to encourage physical activity at home in an interactive and thematic approach as a family. Real Play sessions were delivered afterschool in the main hall and families' feedback is always fantastic. Certificates are awarded to families for attending the course. All families have been invited and attended the sessions really highlighting its effectiveness.</p>
Staff to be confident and adaptable for the Real PE scheme and teaching PE, whilst still following the whole school implementation of Real PE Nutrition Framework.	<p>Staff meeting by subject leader explaining and demonstrating practically how we can intelligently adapt the Real PE whilst maintaining the implementation of the Nutrition Framework. Staff had time to go and plan and come up with innovative ways to teach their next units of the curriculum. We also looked at how we can teach the declarative (knowing what) and procedural knowledge (knowing how). Examples were given and demonstrated through a practical lesson on how it can be taught to learners.</p>

Fitness Groove active assemblies 3 days a week.	It helps to add to the children's 60 a day of physical activity. Research shows that 20 minutes morning exercise can increase brain activity levels by up to 20%. Children enjoy fitness groove and strive to earn the medal and certificate each morning over 200 been awarded. It brings a togetherness as a school community. HLTA is trained in delivering the assemblies when PE Co-coordinator is unavailable. Staff medals are awarded to TA's for their efforts which has really helped boost their efforts and help encourage the children. Staff have said how it has inspired them to be more active and look forward to taking part. This will continue in 2024-25 to help add to our physical activity timetable.
Weekly 'PE Star of the Week' certificates and badges awarded weekly in celebration assemblies.	It helps to promote the importance of PE across the school and a chance to talk about our termly cogs (goals). We get all the children up and moving half way through the assembly, again to emphasise to children (and staff) the importance of movement breaks. Children take pride in their achievements and enjoy celebrating each other's achievements. 1 child from each class is chosen fortnightly and their families are invited to celebrate their achievement.
Sports Calendar developed by Sandown to promote more Inter-school Sport competition and participation.	A meeting arranged with all heads in our alliance (cluster) in 2022-23. All heads agreed to change their staff meeting days to the same day to allow for Thursdays to be free in the afternoons and afterschool for sporting events. This was a huge step in helping to increase inter-school competitions for Hastings. This has allowed Sandown to attend 30 sporting events this year. 75% of KS2 pupils (102 boys & 101 girls) have represented the school in sport. This was a 2% increase from last year. 73% and 71% of those children are DP and SEN. It also created opportunities for 70 Sports Leaders from Yr4-6 to help assist events, enabling those children that don't like to compete to be involved with assisting an event. Sandown has hosted events in football, cross country, indoor athletics, Tag Rugby, Netball, Quad Athletics, Tri Golf and Ultimate Frisbee from Yr3-6 and equal opportunities for boys and girls.
School Games Mark Platinum Status gained!	The School Games Mark is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. Platinum can only be achieved once gained gold status for 5 consecutive years. Sandown was awarded Platinum status in 2021-22 & 2022-23. Sandown have re-applied and made a new report to justify our success and involvement with the school games values and have achieved platinum status again for 2023-24!
PE Monitoring and teacher support to improve the quality of teaching of PE across the school.	Specialist PE teacher employed to help improve the profile of PE teaching across the school. Learning walks conducted across the school to monitor the progress of PE across the school. All lessons were good with all children engaged. Evidence showed teachers are using the Real PE Nutrition documents to ensure all elements of teaching a good PE lesson are included. Feedback provided to help further support teachers delivering high quality PE lessons.

Play leaders employed for every class to encourage more physical activity and games at lunch times.	More play leaders at lunch has helped to improve the levels of physical activity available to children. Play leaders organise games for children to participate in for 30 minutes a day. Having more staff and more games has helped to improve behaviour at lunch and increase physical activity levels of children. It has also helped to develop stronger relationships with the children and a chance for the leaders to identify children that are perhaps least active. Some leaders are stronger than others at leading activities and engaging children and therefore will look to provide some extra training for next year to those who feel less confident. Head teacher and deputy head have been monitoring lunch times to ensure MDSA's are providing opportunities for children being active.
Outdoor Learning provided across the year to all year groups	An outdoor learning team comes in to deliver lessons to all children across the school year for at least one term. The team meet with the teachers to see how they can bring the classroom topics and learning inside the classroom to the outdoors. This naturally makes learning more active and fun and is very popular with the children. This is further shown from the extra-curricular club that they provide, which is always completely full and one of Sandown's most popular clubs. The impact of outdoor learning can be seen in the confidence the children display when engaging with their immediate environment. Whether that's in their ability to self-assess the risks of, for example, climbing trees in the wood, or knowing the appropriate tool for the job in the garden, the independence and confidence shown is impressive. The children take charge & use their space appropriately & creatively. Another impact is a deeper understanding of the ecological impact of human action. This was beautifully demonstrated by a group of Y5s forming a litter picking group to clean up & raise awareness of a problem they noticed in their surroundings.
Cross Country Club	Lunch time cross country club was provided 3 times a week by teaching staff at lunch times. Over 150 pupils from KS2 have taken part and been able to represent the school. Children were given QR scanner cards to be able to log their times which really helped to increase the amount of children taking part. Some children would lose their card or not look after it very well which made it hard to scan at times.
Big Walk & Wheel	Over 72% of the school walked, cycled or scooted during the 2 weeks of the Big Walk and Wheel (an increase from last year) initiative Sandown took part in to help promote active travel. We finished 143 rd Nationally out of 916 schools (301 st) last year.
Sports Equipment and Storage Boxes	Playground equipment was purchased for lunch time play and storage boxes to store them in. This allowed more pupils being active at lunch times as having more opportunities for active play. Lots of the equipment has been damaged or lost over the academic year and some storage boxes were unfortunately destroyed in the bad weather. We have re-considered this and have been working with the school council on ways to improve this for next year.

Links with our local sports providers / coaches and Active Hastings	<p>Due to the amount of Sports events being hosted at Sandown, we have now made strong links with local clubs to help support and run our events with the intention to help feed the children into local clubs outside of school.</p> <p>Active Hastings have helped support Tag Rugby and brought coaches from Hastings & Bexhill Rugby Club to help teach children the rules and also run their own tournament and their ground so children can see their facilities first hand.</p> <p>Hastings Angels Netball coaches come to our Netball tournaments to umpire and hand out fliers for their clubs.</p> <p>HY running club attended our 2 cross country events and we now have over 20 children attend their club outside of school at Ark Alexandra running club.</p> <p>Hastings Academy, East Sussex College and Claremont Secondary schools provide sports leaders for certain events to help us and their students develop. All of these strong relationships really help build our alliance of sport and make it the best that it can be.</p>
Mower with rollers and wide enough to reduce time.	<p>The mower has helped to improve the look of our field for certain events. The athletics track for example is now able to be cut short enough to make it more suitable for sprinting. We can also cut extra short for our running long jumps, golf stations (putting) and cricket wickets to help improve the standard of the games.</p>
Games Shed / Table Football and Table Tennis Equipment – A sheltered roof and sides for children to play table tennis and table football at break and lunch times.	<p>Children have loved the games shed on their days. The standard of table tennis has improve helping to develop childrens hand eye coordination. The table football is a winner and is helping children the importance of taking turns, playing by the rules and friendly competition.</p>
Playground Markings	<p>The new surface and playground markings (PE Premium) have been so important in creating more space for children to be active. Before the surface was uneven and an unused space. Now Year 2 have been using it at break times and lunch times to have fun and be active!</p>
Success in Sporting Events	<p>Sandown has had huge success in our sporting events this year. In the 30 events attended we have taken part in the following sports from Yr3-6:</p> <p>Football, Gymnastics, Cross Country, Indoor Athletics, Tag Rugby, Netball, Dance, Quad Athletics, Tri Golf, Tennis, Crazy Golf, Ultimate Frisbee and Town Sports.</p> <p>Semi Finalists in both Boys and Girls Football</p> <p>Finished 1st overall in all but one cluster competition this academic year.</p> <p>Qualified for every Area Final. Won the area final in Quad Athletics and represented Hastings & Rother at the Sussex Finals at K2 Crawley. Had 11 children qualify for the Sussex Cross Country Finals in Crawley. Won the Sandown Cross Country where 22 schools attended and 716 runners from Hastings & Rother competed.</p>

House Competitions and Sports Days	<p>Houses help to provide a sense of belonging within the school. Allows opportunities for children to learn about their social, moral, spiritual and cultural development. We award house points (crystals) to each house every week in our Funky Friday assembly where they chant their motto and an opportunity for us to discuss the mottos and their meanings. A range of intra-sporting events took place including Tennis, Tag Rugby, Tri Golf, Rounders, Multi-skills, Ultimate Frisbee, Team Building, Athletics and Sports Days.</p> <p>Sports Days had a team focus with each event being linked to one of the school games values. Medals and stickers were awarded for the children who demonstrated those values excellently. 4 sports days were held in total in which all parents came to support and get involved (the parent race!) creating a wonderful community atmosphere and love of sport.</p>
Early Morning Activities on the playground from 08:30am for KS2 pupils	PE Co-ordinator supervises children before registration to help encourage physical activity before school. Children enjoy being able to come out to the playground / field again before school and over 200 children attend daily.
Extra-Curricular Clubs	<p>At Sandown we employ an Extended Schools Leader to manage our afterschool clubs programme.</p> <p>This year 75% of children (134 boys & 157 girls) across KS1 and KS2 took part in a club, which is either at lunch time, after-school or outside of school. 63% and 62% of those children are DP and SEN. This is an increase from last year, however we did not take into account children taking part in sports outside of school. The new tracking data from Active Sussex which we are using allows this. Therefore our target for next year will be to improve on this 75%. We will do this by investing money for HLTA's and other staff to run extra clubs after-school or at lunch times, specifically targeting those children that do not complete a club.</p> <p>The current clubs that have been available this year are: girls' football, boys football, yoga, table tennis, dance, karate, pony club, netball, athletics, chess club, the big outdoor club, town sports, breakfast and teatime club, art club, gymnastics and cross country.</p>
Balance Bikes	All children in Reception regularly practice at least once a week on the balance bikes with an aim to ride on pedal bikes. 100% of children can confidently ride the balance bikes. 53% of children can now ride on pedal bikes (last year was 72%). We need to invest in some smaller pedal bikes as some children are too small to reach the pedals.
Links with our PTA Friends of Sandown (FoS)	FoS attended all of the sporting events that we host and always offer to help with anything. They serve refreshments and snacks for attending parents and families and it always create a lovely welcoming atmosphere to our school really adding value to our sporting events.

Sandown Primary School & Nursery

PE Premium Report 2023 - 2024

Signed off by:

Name & Role	Signature	Date
Charlie Lindsay Head Teacher		11/7/24-
Luke Davies PE Subject Leader & Teacher		11.07.24
Jignash Patel Governor		11.7.24